



2014 SALEM FALL CLASSIC

**WINSTON SALEM
NC
9/13/2014 - 9/14/2014**



Hosted By:

Salem Gymnastics

Saturday, September 13, 2014

Session: 1

Mod Capital Cup

Level: 2

ALL AGES

General Stretch:	12:00 PM
1st Event Time Warm Up:	12:20 PM
March In:	12:30 PM
Competition:	12:40 PM
Awards:	2:00 PM

Session: 2

Mod Capital Cup

Level: 3

ALL AGES

General Stretch:	2:20 PM
1st Event Time Warm Up:	2:40 PM
March In:	2:55 PM
Competition:	3:05 PM
Awards:	5:30 PM

Sunday, September 14, 2014

Session: 3

Mod Capital Cup

Level: 4

12/12/2003 2/11/2007

General Stretch:	9:00 AM
1st Event Time Warm Up:	9:20 AM
March In:	9:35 AM
Competition:	9:45 AM
Awards:	12:00 PM

Session: 4

Mod Capital Cup

Level: 4

8/4/2000 11/26/2003

Level: 5

ALL AGES

General Stretch:	12:20 PM
1st Event Time Warm Up:	12:40 PM
March In:	12:55 PM
Competition:	12:56 PM
Awards:	2:50 PM